

MARKS OF A TRUE CHRISTIAN – *Episode 6: Rejoice in Hope*



Team Member Name: _____ Date: _____

Game Strategy – Hope is a confident expectation of fulfillment that changes the way we live. In Christ, there is trustworthy hope.

Be ready to take the field for this workout by completing the **Pregame Film Study**. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

Pregame Film Study

1. View or listen to the episode referenced above.
2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

Huddle Up – Use these questions for personal reflection to share with your team at the workout.

Warm-up Questions:

1. What particular point(s) caught your attention the most in this episode?
2. What is something useful that you learned from viewing this episode that you can apply in your own life?

Workout Questions:

1. If you were asked to give a personal definition of hope, how would you reply?
2. What is the opposite of hope? Have you ever lost hope in your life? What caused this? How did you overcome this lack of hope?
3. What is your hope based on?
4. Who is the source of your hope? Do you think it is possible to have hope without Jesus in your life? Why or why not?
5. How do you think that faith and hope tie together?

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Team Workout Plan - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

Postgame Recap - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

1. Make a decision to acknowledge that we have a great deal to hope in.
2. Jesus is the source of our hope.
3. Make a commitment to follow Jesus – start your day with a positive attitude.

Complete your **Personal Action Item**. 

Scripture References

Coming Soon!

The CTG Team is working on selecting material for this section.

Coaching Tips

Coming Soon!

The CTG Team is working on selecting material for this section.

Catechism Connection

Coming Soon!

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Personal Action Item

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

I commit to becoming spiritually fit by...