

SPIRITUAL COMBAT -- *Episode Two: The World*



Team Member Name: _____ Date: _____

Game Strategy – Why does our world seem so godless? Is it truly in the power of the devil?

Be ready to take the field for this workout by completing the **Pregame Film Study**. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

Pregame Film Study

1. View or listen to the episode referenced above.
2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

Huddle Up – Use these questions for personal reflection to share with your team at the workout.

Warm-up Questions:

1. What particular point(s) caught your attention the most in this episode?
2. What is something useful that you learned from viewing this episode that you can apply in your own life?

Workout Questions:

1. What is your definition of "the World" as it pertains to our spiritual lives? 1 John 2:15-17 talks about the world and how it can corrupt our souls. How does the love of the world impact us?
2. The ways of the world seem to be increasingly popular in our society. Can you name some of these worldly standards? Can you name some godly principles that the Lord wants us to live by? Read the Scripture passage 1 Thessalonians 5:14-22 which gives some principles of living the Christian life.
3. Do you think that we will be more at peace with ourselves by living by godly principles or worldly principles? Why or why not?
4. Be honest with yourself; thus far, in what area(s) of your life have you been living by worldly principles? In what areas have you been living by godly principles? How can you improve?
5. What are some of the methods that the Church offers that will help you improve your spiritual life?
6. What are some things that you can change to help you resist the allurements of the world? What are some things you can change as a family?
7. Our children are under attack by the world through TV, music, technology, movies, advertisement, peer pressure, etc. As a father, how can your example have an effect on your children?
8. Read John 16:33. Do you believe what Jesus is saying in this Scripture passage? Why or why not?

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Team Workout Plan - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

Postgame Recap - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

1. 1 John 4:4 - Greater is He that is in you than he that is in the world.
2. John 16:33 – We can overcome the world in Christ.
3. Am I living my way or God’s way?

Complete your **Personal Action Item**. 

Scripture References

Titus 2:11-14

Ephesians 2:1-3

1 John 5:4-5, 19

1 John 2:15-17

1 Thes 5:14-22

John 16:33

Coaching Tips

True holiness does not mean a flight from the world; rather, it lies in the effort to incarnate the Gospel in everyday life, in the family, at school and at work and in social and political involvement. - *Saint Pope John Paul II*

When freedom does not have a purpose, when it does not wish to know anything about the rule of law engraved in the hearts of men and women, when it does not listen to the voice of conscience, it turns against humanity and society. – *Saint Pope John Paul II*

Catechism Connection

400 The harmony in which they had found themselves, thanks to original justice, is now destroyed: the control of the soul’s spiritual faculties over the body is shattered; the union of man and woman becomes subject to tensions, their relations henceforth marked by lust and domination. Harmony with creation is broken: visible creation has become alien and hostile to man. Because of man, creation is now subject “to its bondage to decay.” Finally, the consequence explicitly foretold for this disobedience will come true: man will “return to the ground,” for out of it he was taken. Death makes its entrance into human history.

408 The consequences of original sin and of all men’s personal sins put the world as a whole in the sinful condition aptly described in St. John’s expression, “the sin of the world.” This expression can also refer to the negative influence exerted on people by communal situations and social structures that are the fruit of men’s sins.

2545 All Christ’s faithful are to “direct their affections rightly, lest they be hindered in their pursuit of perfect charity by the use of worldly things and by an adherence to riches which is contrary to the spirit of evangelical poverty.”

1811 It is not easy for man, wounded by sin, to maintain moral balance. Christ’s gift of salvation offers us the grace necessary to persevere in the pursuit of the virtues. Everyone should always ask for this grace of light and strength, frequent the sacraments, cooperate with the Holy Spirit, and follow his calls to love what is good and shun evil.

Personal Action Item

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

I commit to becoming spiritually fit by...